

# UNION JOB DESCRIPTION

### JD943

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JOB TITLE:	MHSU Case Worker, OT	JOB DESCRIPTION NO.:	60394/P.VI.38200.005
CLASSIFICATION:	Occupational Therapist P1	GRID/PAY LEVEL:	H-J-P1
COLLECTIVE AGREEMENT:	Health Science Professionals	HSCIS NO.:	38901
UNION:	BCGEU	JOB/CLASS CODE:	38901
PROGRAM/DEPARTMENT:	Mental Health & Substance Use Services	BENCHMARKS (If Applicable):	
REPORTING TO:	Coordinator		
FACILITY/SITE:	VIHA South, Central and North Island Health Service Delivery Areas		

#### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority, patient safety is a priority and a responsibility shared by everyone at VIHA; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Under the administrative direction of the Coordinator and as a part of the therapeutic team which includes the Clinical Director, the Case Manager is responsible for assessing, coordinating and delivering primary therapeutic, case management and clinical occupational therapy services for assigned clients in community settings and providing consultative services to clients in acute care or tertiary settings. Such services are provided in accordance with care plans developed by the multidisciplinary clinical team, the individual and/or the family.

#### TYPICAL DUTIES AND RESPONSIBILITIES:

- 1. Uses recognized occupational therapy assessments and interventions to assist the multidisciplinary care team in developing the treatment and rehabilitation plan of care and to provide community case management services to clients with serious mental illness and addictions disorders.
- 2. As the primary contact with the client in the community, conducts ongoing assessments of the client's condition and determines the client's needs, including identifying early symptoms of relapse, by:
  - Meeting directly with the client, and observing the client's symptoms;
  - Visiting the client's home, or social environment, and observing conditions;
  - Talking to family members and friends, physicians, caregivers and others, when appropriate.
- 3. As a member of the multi-disciplinary clinical team has primary responsibility to monitor, develop, implement and revise treatment and care plans for the individual clients.
- 4. Provides direct service, situational counselling, or assists the client to access services to deal with personal issues such as medication management, problem solving, crisis management, nutrition, person/physical health, money management, personal and environmental hygiene, training in daily living and coping skills, family and other interpersonal relationships.
- 5. Using the principles of psychosocial rehabilitation, identifies the client's needs for economic and community support and arranges access to services.
- 6. Arranges access to specialized services such as substance abuse, forensic/legal mental handicap, brain injury and other organic mental disorders.

- 7. Provides consultation and information to caregivers, family members and other clinicians as necessary.
- 8. In consultation with acute care and tertiary teams, assists in identifying the need for transitional services for clients being discharged in to the community.
- 9. Participates in the delivery of psycho-educational and support group treatment programs in collaboration with other inpatient and outpatient staff.
- 10. Documents information including relevant data, assessment information, treatment plans, progress reports and care plans manually and/or in a computerized environment.
- 11. Communicates with the rest of the clinical team to provide information on the client's status, arrange for or follow up on specialized services, or recommend changes to treatment and care plans.
- 12. May recommend client admission or re-admission to hospital, or discharge from program.
- 13. Remains current with professional and clinical issues and contemporary developments within their service.
- 14. Performs other related duties as required.

#### **QUALIFICATIONS:**

## **Education, Training And Experience**

Graduation from a recognized university program in Occupational Therapy. Current licensure in a practicing category with the College of Health and Care Professionals of BC as an Occupational Therapist. Eligible for membership in the Canadian Association of Occupational Therapists (CAOT). Knowledge of current therapy standards, modalities and scope of practice; two (2) years' recent related experience including experience working in a mental health and addictions environment, or an equivalent combination of training and experience. Valid BC Driver's License.

### **Skills And Abilities**

- Clinical understanding of affective disorders, schizophrenia and other serious psychiatric disorders and their treatment, using a comprehensive bio psychosocial model of care.
- Clinical understanding of addictions diagnosis and treatment when such addictions co-occur with other serious psychiatric disorders.
- Ability to integrate and apply COTBC Standards for Occupational Therapy Practice in the context of community mental health and addictions practice.
- Demonstrated ability to apply the occupational performance model, i.e., assess (physical, mental/psychological/functional and environmental), analyze, plan, make decisions, organize, prioritize, evaluate, and communicate as required.
- Ability to work in an outreach case management modality.
- Ability to work effectively as part of a multi-disciplinary team.
- Ability to deal effectively with a wide range of community and facility contacts, including patients/clients, families, staff, physicians, psychiatrists, community and public agencies.
- Ability to organize work effectively, establish and carry out priorities to meet critical deadlines.
- Ability to communicate effectively, both verbally and in writing.
- Demonstrated ability to prepare/maintain a variety of charts, records/reports related to work.
- Familiarity and understanding of relevant legislation pertaining to mental health and addictions.
- Travel is a requirement of this position and transportation arrangements must meet the operational requirements of the Vancouver Island Health Authority.