



## UNION JOB DESCRIPTION

**JD790**

<b>JOB TITLE:</b>	Psychologist Cognitive Behaviour Therapy	<b>JOB DESCRIPTION NO.:</b>	60206
<b>CLASSIFICATION:</b>	Psychologist P1	<b>GRID/PAY LEVEL:</b>	H-O-P1
<b>COLLECTIVE AGREEMENT:</b>	Health Science Professionals	<b>HSCIS NO.:</b>	54301
<b>UNION:</b>	HSA	<b>JOB/CLASS CODE:</b>	54301
<b>PROGRAM/DEPARTMENT:</b>	Continuing Health Services; Psychogeriatric Care, SI	<b>BENCHMARKS (If Applicable):</b>	
<b>REPORTING TO:</b>	Coordinator		
<b>FACILITY/SITE:</b>	Various VIHA SI Sites		

### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority, patient safety is a priority and a responsibility shared by everyone at VIHA; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Reporting to the Coordinator and working as part of an interdisciplinary team, provides group or individual therapy in inpatient, emergency and other Mental Health, adult and community programs using a variety of modalities and in accordance with professional standards and clinical policies and practices. The psychologist will take a lead role to provide specialized psychotherapy services specific to an assigned service area.

### TYPICAL DUTIES AND RESPONSIBILITIES:

1. In collaboration with the other members of the interdisciplinary team, acts as specialist, trainer and consultant for the clinical aspect to an assigned area of service by:
  - assessing the needs for psychology services across the various program areas for this service;
  - collaborating with other mental health psychologists regarding allocation of psychology resources in light of stated needs and collaborating in service delivery with other mental health and addictions teams, related community services and physicians;
  - acting as access point to this service for the various programs;
  - developing, coordinating and delivering training such as in-services, presentations, psycho-educational and therapy groups;
  - advising on program design;
  - carrying out research and evaluation activities
  - Provides individual and group clinical therapy/counselling services to adults by performing duties such as providing comprehensive psychological assessments and using a variety of modalities such as Cognitive Behaviour Therapy, Dialectical Behaviour Therapy, psychological testing, and crisis stabilization.
  - Documents information including relevant clinical data, assessment information, treatment plans, progress reports, statistical information and care plans manually and/or in a computerized environment in accordance with established policies, standards and procedures.

- Participates in the short and long-term planning for Mental Health & Addictions Treatment Services as a member of the interdisciplinary team through methods such as evaluating the effectiveness of treatment within the services, identifying opportunities for change and formulating recommendations to ensure optimal outcomes are met.
- Contributes to the practicum experience of students through mentoring, collegial sharing of clinical information and providing guidance to students and providing feedback on performance.
- Maintains and updates knowledge in mental health and addictions through methods such as reviewing literature, communication with other professionals and attendance at relevant education programs as requested and approved in order to contribute to continuing improvement of care.
- Participates in continuous quality improvement/quality assurance activities through methods such as evaluation and measurement of outcomes of programs/care, follow-up of unusual occurrences, identification and participation in research studies and contribution to the identification of new policies and best practices for the profession and the organization.
- Performs other related duties as assigned.

## **QUALIFICATIONS:**

### **Education, Training And Experience**

Ph.D. in Clinical or Counselling Psychology. Current licensure in a practicing category with the College of Health and Care Professionals of BC as a Psychologist. Minimum of five (5) years of recent related experience working with adult clientele in mental health and addictions facility or related field. Experience with short-term treatment and group psychotherapy work. Specific expertise and experience with treatment in Cognitive Behaviour Therapy is essential. Knowledge of and experience with treatment specific to crisis stabilization, urgent response and Borderline Personality Disorder, such as Dialectical Behaviour Therapy, will be an important asset. Valid BC Driver's license.

### **Skills And Abilities**

- Knowledge of psychiatric disorders, Legislative Acts and Mental Health & Addictions policy.
- Ability to plan and organize workload and establish priorities.
- Ability to exercise sound judgment, decision-making and problem solving.
- Ability to work effectively as part of an interdisciplinary team.
- Knowledge of community dynamics, agencies and resources.
- Physical ability to perform the duties of the position.
- Ability to operate related equipment.
- Knowledge of non-violent crisis intervention.
- Ability to deal effectively with wide range of community and facility contacts.
- Ability to respect client's rights, values and preferences including multi-cultural issues.
- Knowledge of the interactions between addictions and mental disorders.