

UNION JOB DESCRIPTION

JD5823

JOB TITLE:	Dietitian - Diabetes Programs	JOB DESCRIPTION NO.:	5823
CLASSIFICATION:	Dietitian P1	GRID/PAY LEVEL:	H-G-P1
COLLECTIVE AGREEMENT:	Health Science Professionals	HSCIS NO.:	30901
UNION:	HSA; BCGEU; CUPE	JOB/CLASS CODE:	30901
PROGRAM/DEPARTMENT:	Chronic Disease Management and Nutrition Therapy Services, Community Virtual Care	BENCHMARKS (If Applicable)	
REPORTING TO:	Manager or designate		
FACILITY/SITE:	North Island Hospital (Comox Valley Campus; Campbell River & District), Nanaimo Regional General Hospital, West Coast General Hospital, Royal Jubilee Hospital, Victoria General Hospital, Vancouver Island Health Authority (South, Central and North Island Health Services Delivery Areas), Cowichan Lodge, Oceanside Health Centre, Port Hardy Primary Health Care Centre.		

JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority (Island Health), patient and staff safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

The Dietitian-Diabetes Program is a member of a multidisciplinary health care team and provides nutrition care and support to clients living with all types of diabetes in accordance with established policies, standards, and procedures.

Utilizing and applying advanced knowledge and experience in relevant clinical techniques such as insulin dose adjustment. The Dietitian-Diabetes Program provides nutrition services through: nutrition assessment; care planning and charting; intervention, client goal setting and monitoring; counseling and education programs for patients/clients; orientation, guidance, and sharing of collegial information or demonstration of equipment or work processes to others including peers, new staff, and students in accordance with professional standards and program objectives.

The Dietitian-Diabetes Program provides input on regional, provincial, and local diabetes services by participating in the development of nutritional practice guidelines and procedures and by participating in research and continuous quality improvement initiatives for the program.

TYPICAL DUTIES AND RESPONSIBILITIES:

- 1. Conducts nutrition screening and assessment of patients/clients with diabetes (including but not limited to pre-diabetes, Type 1, Type 2, gestational diabetes and diabetes in pregnancy) utilizing established standards and guidelines, taking into account treatment tools and therapies, i.e., medication, insulin, insulin delivery devices, Insulin Dose Adjustment, and monitoring systems as well as co-morbidities, and based on relevant biochemical, anthropometric, and dietary parameters.
- 2. Develops and implements nutrition goals using patient/client-centered diabetes treatment modalities and nutrition therapy based upon assessment and treatment methods. Communicates goals and plans to the program/multidisciplinary team.

- 3. Provides comprehensive nutrition, lifestyle counselling and self-care management strategies for patients/clients through one-to-one and group sessions. Educates clients/families on the rationale and impact of diabetes diet strategies.
- 4. Identifies, configures, interprets, and collaborates with patient/client on the use of blood glucose monitoring technology.
- 5. Works collaboratively with the interdisciplinary team to provide guidance to patients/clients on individualized insulin regimen by educating patients/clients on adjusting insulin around food intake, activity and for blood glucose correction.
- 6. Documents nutrition care plans, goals, and recommendations in the client chart according to established guidelines and regulations. Documents diabetes teaching provided, and patient/client outcomes, in accordance diabetes standards. Maintains pertinent records and statistics using computerized records and databases where necessary.
- 7. Positions located in Diabetes Centre units triages patients/clients entering the Diabetes Centre to provide the most appropriate care and education for the patient/client in collaboration with the interdisciplinary team.
- 8. Evaluates nutrition care plan by monitoring biochemical, anthropometric, and dietary parameters and consulting with the health care team, client, and/or caregivers. Makes recommendations to the team and/or client for changes or adjustments as required.
- 9. Identifies nutrition related patient/client educational needs for the diabetes area; initiates, participates in the preparation of and presents educational resources and materials to patients/clients/families in collaboration with regional/departmental program and other team members.
- 10. Provides orientation, guidance for handling complex cases, and sharing relevant collegial information to others including peers, new staff and students.
- 11. Supports the identification of continuing education needs in the diabetes area and participates in the organization of education opportunities by reviewing professional literature, consulting with, and offering advice for Island Health health professionals, participating in initiating, developing and presenting relevant educational programs for dietitians and other health care professionals.
- 12. Participates in student programs by providing education to meet the learning needs of others such as recognized dietetic practicum students.
- 13. Participates on departmental/program/organizational committees and supports department/program interests on external committees as required.
- 14. Participates in quality assurance by assisting/completing a variety of audits, statistical and data collection, and participates in quality improvement activities as designated.
- 15. Maintains and updates own clinical knowledge within area of practice and develops a plan in collaboration with the Professional Practice Leader (or designate) for professional development. Reviews progress in support of achieving goals within established timeframes.
- 16. Acts as a resource person in diabetes for other dietitians and the interdisciplinary team by providing support for handling complex cases.
- 17. Performs other related duties as assigned.

QUALIFICATIONS:

Education, Training And Experience

- Current registration with the College of Dietitians of British Columbia (CDBC)
- Certified Diabetes Educator (CDE) Certificate or successful completion within 3 years of hire
- Two (2) years of recent, related experience;
- Or an equivalent combination of education, training and experience, such as Insulin dose adjustment competency or completion of the Diabetes Educator Certificate Program from Michener Institute

Skills And Abilities

- **Teaching:** Ability to teach clients and others both one-on-one and in groups. Knowledge of education principles applicable to target population.
- Knowledge Integration: Integrates best practice and current research evidence to support professional practice decisions and actions.
- **Communication:** Demonstrated ability to communicate effectively with clients, families, the public, medical staff and the members of the interdisciplinary team using, oral written and computer communication means. Demonstrated ability to effectively resolve conflict.
- **Critical Thinking:** Demonstrated ability to integrate and evaluate pertinent data (from multiple sources) to problem-solve and make decisions effectively. Applies the problem-solving process demonstrating critical thinking and decision-making skills using a systems approach.
- Management: Demonstrated ability to organize work, set objectives and establish priorities. Manages own time and resources, implements activities to promote cooperation among the interdisciplinary team, and collaborates across disciplines.
- **Leadership:** Demonstrates creative planning for change and innovations, implementation of Island Health policies or other protocols, and ongoing professional development.
- Teamwork: Demonstrated ability to foster teamwork and a commitment to excellence in the provision of client care.
- Equipment: Demonstrated computer skills including the use of Meditech and Windows based programs.

 Demonstrated data analysis skills including appropriate data analysis and reporting tools. Demonstrated ability in the use of e-mail and word processing. Ability to operate other related equipment as required in the specific practice area.
- Physical ability to perform the duties of the position.