



UNION JOB DESCRIPTION

JD5045

JOB TITLE:	Nutritional & Eating Disorders Dietitian	JOB DESCRIPTION NO.:	5045
CLASSIFICATION:	Dietitian P1	GRID/PAY LEVEL:	H-G-P1
COLLECTIVE AGREEMENT:	Health Science Professionals	HSCIS NO.:	30901
UNION:	BCGEU	JOB/CLASS CODE:	30901
PROGRAM/DEPARTMENT:	Child Youth & Family Mental Health and Substance Use	BENCHMARKS (If Applicable):	
REPORTING TO:	Manager or Coordinator		
FACILITY/SITE:	VIHA Central Island Health Services Delivery Area; VIHA South Island Health Services Delivery Area		

JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority (Island Health), patient safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Reporting to the Manager or Coordinator, the Nutritional & Eating Disorder Dietitian utilizes advanced clinical techniques in the area of nutrition management and nutritional and eating disorder and weight preoccupation for individuals and client groups. Acts as a clinical resource for dietitians and other health care providers in the community. Provides in-services and education about nutrition and eating disorders to staff, students, physicians and community agencies. Plans, implements, and evaluates nutritional care for clients/patients according to practice guidelines. Instructs and counsels clients/patients and families regarding appropriate nutritional requirements, clinical diet regimes, food planning and preparation.

TYPICAL DUTIES AND RESPONSIBILITIES:

1. Plans, implements and evaluates nutritional care plans to meet nutritional needs of clients/patients presenting with disordered eating and weight preoccupation.
2. Communicates nutrition care principles specific to disordered eating to health care professionals, colleagues, peers and students through in-service education and orientation/training sessions and outreach and education programs.
3. Provides cost effective, quality nutritional support in consultation with other members of the health care team by:
 - planning, organizing, implementing and evaluating nutrition education for patients, families, and caregivers;-responding to referrals from professional staff;
 - assessing patients' nutritional status;
 - interpreting and/or prescribing diet orders;
 - developing and implementing nutritional care plans;
 - monitoring and evaluating patients' nutritional care;
 - discussing individual patients' nutritional care at health team conferences as appropriate;
 - providing accurate and complete nutritional recording in the patients' health record;
 - providing effective communication with physicians and health team members about nutrition management and disordered eating.

4. Shares eating disorder and weight preoccupation expertise collegially by demonstrating and providing guidance as needed. Develops materials and/or uses established materials.
5. Liaises with other programs and community services, making referrals as appropriate.
6. Participates in quality assurance by assisting/completing a variety of audits, statistical and data collection, and participates in quality improvement activities as designated.
7. Maintains currency with developments in the dietetics/nutrition field, and eating disorders in particular. Reviews current literature and attends related in-services and workshops as required.
8. Performs other related duties as assigned.

QUALIFICATIONS:

Education, Training And Experience

Current licensure in a practicing category with the College of Health and Care Professionals of BC as a Dietitian. Bachelor's degree from a recognized university with a major in dietetics/nutrition or equivalent. Knowledge of eating disorder theory, available programs and services, their interrelationships and their function in delivering care in the community. Completion of recognized dietetic internship in an accredited hospital. Eligible for membership with the Dietitians of Canada (DC). Two (2) years experience in clinical dietetics and including recent related experience in nutritional counseling and eating disorders, working with youth, and in adult education.

Valid BC Driver's License is required.

Skills And Abilities

- Establish and maintain effective work relationships with clients/patients and their families, members of the health care team, departmental employees, students and representatives of community agencies.
- Communicate effectively, both verbally and in writing.
- Demonstrate sound judgment, good observation and assessment skills.
- Demonstrate tact and empathy.
- Demonstrated knowledge of and ability to teach using adult education principles.
- Provide culturally sensitive care and services.
- Promote positive change and independence.
- Coordinate activities and act as liaison among medical and nursing staff, clients/patients and and/or support agencies.
- Organize workload, set priorities and work with minimal supervision.
- Foster good public relations.
- Physically and emotionally carry out the duties of the position.
- Operate related equipment, such as a personal computer and a variety of software applications.