



## UNION JOB DESCRIPTION

JD5022

<b>JOB TITLE:</b>	Eating Disorder Clinician	<b>JOB DESCRIPTION NO.:</b>	5022
<b>CLASSIFICATION:</b>	Disciplines Allied to Social Work P1	<b>GRID/PAY LEVEL:</b>	H-I-P1
<b>COLLECTIVE AGREEMENT:</b>	Health Science Professionals	<b>HSCIS NO.:</b>	50001
<b>UNION:</b>	BCGEU	<b>JOB/CLASS CODE:</b>	50001
<b>PROGRAM/DEPARTMENT:</b>	CYMHSU	<b>BENCHMARKS (If Applicable):</b>	
<b>REPORTING TO:</b>	Manager or designate		
<b>FACILITY/SITE:</b>	VIHA (South Island Health Services Delivery Area; Central Island Health Services Delivery Area; North Island Health Services Delivery Area)		

### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority (Island Health) patient and staff safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Working in the community setting and as a member of a multidisciplinary team, the Eating Disorder Clinician provides therapeutic counseling to individuals living with eating disorders and weight preoccupation and their caregivers/families; facilitates support groups; and promotes community awareness.

### TYPICAL DUTIES AND RESPONSIBILITIES:

1. Provides eating disorder services, including assessment, counseling and therapy, to individual clients and their caregivers/families by:
  - Screening referrals through the intake process to ensure clients meet service mandate;
  - Providing eating disorder assessments;
  - Developing and implementing clinical pathways and client centered care/treatment plans;
  - Utilizing a variety of treatment modalities for individuals, groups and families;
  - Performing the function of coordinator of client care;
  - Providing culturally sensitive care and services;
  - Documenting observations, interventions and treatment outcomes in client records;
  - Reviewing client records to monitor and evaluate care/treatment outcomes; and
  - Maintaining required statistical documentation.
2. Utilizing advanced clinical knowledge to contribute to the efficiency of service delivery and advancement of practice and interventions by:
  - Responding to referrals from a variety of sources, attending as required to assess and take steps to stabilize crisis situations and make referrals to follow-up services and support;
  - Communicating policies, programs and procedures by written form and by providing verbal directions;

- Participating in supervision of practicum students;
  - Participating in orientation and training of new staff and providing internal, local and regional training on specialized eating disorder issues as requested; and
  - Supporting the development of new groups and services.
3. Provides eating disorder and weight preoccupation expertise collegially, by demonstrating and providing guidance as needed.
  4. Identifies community development Eating Disorder service needs and makes recommendations to the Manager or designate on resource and education enhancement.
  5. Communicates and shares information with community agencies, schools, and the public about eating disorder services, promoting good public relations and facilitating an efficient and cooperative relationship.
  6. Carries out quality assurance activities and projects, analyzing and acting upon information received through incident reports, evaluations and other data, including collecting and compiling statistical data for research and evaluation purposes and contributing to the development of outcome measures for Eating Disorder Services.
  7. Ensures a safe and healthy working environment by observing universal precautions and infection control procedures; removing obvious hazards; reporting faulty equipment, accidents, injuries and near misses; and adhering to and enforcing rules regarding safety.
  8. Performs other related duties as required.

## **QUALIFICATIONS:**

### **Education, Training And Experience**

- Master's Degree in Social Work, Clinical Counselling or other health related discipline from an approved post-secondary institution; and
- Post basic education in the area of clinical counseling; and
- Knowledge of available eating disorder services, their interrelationships, and their function in delivering care in the community; and
- Knowledge of applicable legislation such as the Mental Health Act; and
- Two (2) years recent related experience working with eating disorder clients; and
- Eligible for registration with the appropriate Health Regulatory College and/or licensing body; and
- Valid BC Driver's License.

An equivalent level of education, training and experience may be considered.

### **Skills And Abilities**

- Demonstrated specialized knowledge and training in current practices of eating disorder treatment across the age spectrum.
- Demonstrated knowledge of evidence based eating disorder intervention strategies for children, youth, families and adults.
- Demonstrated ability to undertake client assessments utilizing mental health and eating disorders standardized tools.
- Demonstrated therapeutic skills in the areas of case management, individual and group therapy with children, youth and adults with various mental health disorders including eating disorders.
- Demonstrated ability to connect and collaborate with medical professionals, multidisciplinary team members and tertiary centers around treatment of clients with eating disorders.
- Knowledge of the physiological impact and medical risks associated with eating disorders.

- Ability to make effective referrals, reflecting in-depth knowledge of community resources and strong collaborative skills in working with community partners.
- Ability to communicate effectively, both verbally and in writing
- Demonstrate sound organizational, problem solving and teaching skills
- Demonstrate sound judgment, good observation and client assessment skills, tact and empathy
- Demonstrate tact and empathy
- Ability to provide culturally sensitive care and services
- Ability to respect client's rights, values and preferences
- Knowledge of non-violent crisis intervention
- Ability to work independently, demonstrating initiative, with limited supervision
- Ability to work effectively as part of an interdisciplinary team
- Ability to promote positive change and independence
- Ability to prioritize and organize
- Ability to physically carry out the duties of the position
- Ability to demonstrate self awareness, social awareness and empathy in high stress situations
- Ability to operate a personal computer with a variety of windows based software
- Ability to foster good public relations
- Ability to operate related equipment