



## UNION JOB DESCRIPTION

JD5009

<b>JOB TITLE:</b>	Youth & Family Support Worker	<b>JOB DESCRIPTION NO.:</b>	5009
<b>CLASSIFICATION:</b>	Support Worker 2	<b>GRID/PAY LEVEL:</b>	C34
<b>COLLECTIVE AGREEMENT:</b>	Community Subsector	<b>HSCIS NO.:</b>	81502
<b>UNION:</b>	BCGEU	<b>JOB/CLASS CODE:</b>	20203
<b>PROGRAM/DEPARTMENT:</b>	Child, Youth & Family Mental Health & Substance Use	<b>BENCHMARKS (If Applicable):</b>	81502
<b>REPORTING TO:</b>	Coordinator		
<b>FACILITY/SITE:</b>	VIHA South, Central and North Island Health Services Delivery Areas		

### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority (Island Health), patient and staff safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Reporting to the Coordinator, as a member of a multidisciplinary team, the Youth and Family Worker provides life skills training, coaching, advocacy, advice, and support services for clients experiencing severe substance use which could include mental health concerns, behavioural, and developmental problems and to their caregivers/families, in accordance with an established plan of treatment/care. Motivates, assists, and instructs clients with the activities of daily living, reports clients progress and condition, including reactions to medications.

Travel may be a requirement of this position. If applicable, transportation arrangements must meet the operational requirements of the Vancouver Island Health Authority in accordance with the service assignment and may require the use of a personal vehicle to transport clients.

### TYPICAL DUTIES AND RESPONSIBILITIES:

1. As part of the multidisciplinary health care team, participates in the development, maintenance, and delivery of a harm reduction and client-centered plan of treatment/care, by:
  - Observing, interviewing and assessing client behaviour to identify problems and needs, soliciting client feedback, inquiries, and complaints, responding to client needs as required.
  - Encouraging and promoting independence and self-sufficiency for clients and their caregivers/families; developing short-term strategies to deal with various situations;
  - Providing feedback and suggested recommendations to the treatment plans within established guidelines
  - Documenting the care requested and progress made in the communications books; maintains client records;
  - Reporting regularly to the appropriate Case Manager/Coordinator on the condition, behaviour, performance, progress, and care needs of clients and their caregivers/families.
  - Carrying an active caseload of clients, outlined by the Intensive Case Management Standards for BC.
2. Provides supportive counselling, coaching and behaviour modelling for the client and their caregivers/families to assist with the development of physical, social, emotion and life-skills, including all activities of daily living, interpersonal skills, meal planning and preparation, household and budget management, healthy family relationship building, behavior modification, conflict resolution and communication.

3. Working with Indigenous health approaches, protocols and cultural knowledge to support current and potential clients.
4. Performing harm reduction supply and distribution.
5. Acts as an advocate for the client in dispute situations by responding to problems regarding landlord-tenant issues, financial assistance, or accessing community resources, and developing workable solutions that meet the needs of the client.
6. Facilitates group support programs for skill development in areas such as self-esteem, coping skills, motivation, positive parenting skills, and the formation of mutual support networks. Arranges group support sessions including scheduling session times, booking facilities and acquiring materials.
7. Observes and supports individuals in appropriate medication management or provides medication reminders, in accordance with the plan of treatment/care and established policies and procedures.
8. Observes and monitors clients in accordance with plan of treatment/care, assesses and responds in potential emergency or crisis situations in accordance with established procedures i.e. call 911. Provides feedback and recommendations to the treatment/care plan, including strategies to resolve situations, and referring for professional intervention, as required.
9. Maintains an awareness of community resources, including health care services, social, economic, recreational, employment, and educational services and resources, and other agencies and shares that information as required.
10. Facilitates client attendance at appointments, programs, and services including escorting or accompanying client to appointments, and for shopping and leisure activities, which may include driving clients in a personal vehicle. Participates in and supervises social and recreational activities as required.
11. Teaches, demonstrates, models, and supports home maintenance and household management methods. Provides basic information to clients related to activities of daily living, e.g. housekeeping, yard maintenance, meal planning, and preparation, grocery shopping, and managing monthly living expenses.
12. Ensures a safe and healthy working environment by observing universal precautions and infection control procedures; removing obvious hazards; reporting faulty equipment, accidents, injuries, and near misses; and adhering to and enforcing rules regarding safety.
13. Participates in staff meetings, quality improvement initiatives, committees and in-services, and maintains up-to-date knowledge through involvement in work-related continuing education, as required by the employer.
14. Provides direction to volunteers and assists with orientation of new staff and education experiences of students, as well as sharing expertise with other members of the team, as required.
15. Performs other related duties as required.

## **QUALIFICATIONS:**

### **Education, Training And Experience**

Diploma in Community Social Services, e.g. Mental Health Worker, Child and Youth care, or Social Services Worker.

Minimum two years recent related experience working with Indigenous community and resources.

Knowledge of legislation such as the Mental Health Act, the Infants Act and duty to report legislation. Knowledge of available programs, their interrelationships, and their function in delivering care in the community. Extensive understanding and knowledge of Indigenous health issues, protocols and health needs, including the physical, mental, emotional and spiritual needs of the client and community. Extensive knowledge of Indigenous community and resources, ideally those on Vancouver Island. Strong knowledge of harm reduction philosophy and practice. Current Level C Basic Life Saving Certificate. Valid Class 5 vehicle license.

### **Skills And Abilities**

- Knowledge of child development, parenting and family systems, family violence, cross-cultural practice.
- Ability to communicate effectively both verbally and in writing.

- Ability to deal with others effectively.
- Ability to prioritize and organize client demands made and care needs.
- Demonstrated ability to practice from a harm reduction approach.
- Demonstrated ability to build relationships and nurture an environment of quality, trauma informed and culturally safe care.
- Ability to problem solve.
- Ability to teach life skills.
- Sound judgment and good observation skills.
- Ability to demonstrate an appropriate level of initiative and independence.
- Ability to work cooperatively as part of a multidisciplinary team.
- Ability to promote positive change and independence.
- Demonstrated ability to deliver culturally sensitive services to Indigenous populations.
- Ability to maintain a focused and differentiated approach while addressing challenging situations or issues.
- Physical and emotional ability to carry out the duties of the position.
- Ability to operate related equipment.
- Advocacy skills.