



## UNION JOB DESCRIPTION

JD4476

<b>JOB TITLE:</b>	Mental Health & Substance Use Health Consultant	<b>JOB DESCRIPTION NO.:</b>	4476
<b>CLASSIFICATION:</b>	Disciplines Allied to Social Work P1	<b>GRID/PAY LEVEL:</b>	H-I-P1
<b>COLLECTIVE AGREEMENT:</b>	Health Science Professionals	<b>HSCIS NO.:</b>	50001
<b>UNION:</b>	BCGEU	<b>JOB/CLASS CODE:</b>	50001
<b>PROGRAM/DEPARTMENT:</b>	Primary Care	<b>BENCHMARKS (If Applicable):</b>	
<b>REPORTING TO:</b>	Manager		
<b>FACILITY/SITE:</b>	Various Sites		

### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of Island Health (Vancouver Island Health Authority), patient and staff safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

This position provides a platform for advance clinical interventions and ongoing consultation with primary care providers. Consultations include the recommendation of possible treatments and interventions to enhance quality of client care and outcomes.

The position provides advanced clinical practice and interventions relating to intake, assessment, crisis intervention, education, treatment, harm reduction consultation and referral for clients experiencing mental health, substance use and/or concurrent disorder problems and issues related to the social determinants of health.

This position consults extensively with primary care providers, and refers to community resources when necessary regarding the psychosocial and social determinants of mental health and substance use health aspects of the clients needs.

This position provides harm reductions services, immediate support, assessment and referral for clients in a trauma informed and culturally competent framework.

### TYPICAL DUTIES AND RESPONSIBILITIES:

1. As a member of the multidisciplinary care team, embedded with the clinical practice of family physicians, provides advanced clinical practice and interventions by:
  - Working directly with physicians within their practices to identify and support clients with a range of mental health and substance use challenges, including psychosocial and social determinants of health needs.
  - Providing mental health, substance use and/or concurrent disorder assessments;
  - Ensuring all clients have a plan of care/treatment developed in partnership and coordinated with the client and caregiver/family, the primary care provider and the multidisciplinary team;
  - Identifying the client's needs for economic and community support and arranges access to services, or provides problem solving support in the area of housing, advocacy, financial support, money management, social and recreational activities, education, vocational training and placement.

- Providing assistance to the client to access services to deal with personal issues such as problem solving, crisis management, nutrition, person/physical health, income assistance, housing, personal and environmental hygiene, training in daily living and coping skills, family and other interpersonal relationships;
- Utilizing a variety of advanced treatment modalities for individuals and families, according to need and functioning level and in accordance with the treatment plan. Promoting and facilitating client independence and self-determination, by modeling, counseling and teaching various life skills;
- Performing the function of coordinating client care;
- Providing culturally safe, trauma informed, and gender sensitive care and services;
- Documenting observations, interventions and recovery-oriented care/treatment outcomes in electronic client records in accordance with policies, procedures and professional practice standards;
- Reviewing client records to monitor and evaluate care/treatment outcomes; and
- Maintaining required statistical documentation.

2. Conducts assessments and short term interventions and determines the client's needs, including identifying early symptoms of relapse or deterioration.

3. Arranges access to specialized services such as forensic/legal developmental disabilities, brain injury and other organic mental disorders.

4. Advocates for services based on the collaborative care plan on behalf of the client.

5. Participates/facilitates in the delivery of psycho-educational and support group treatment programs in collaboration with other services.

6. Communicates with the rest of the clinical team to provide information on the client's status, arrange for or follow up on specialized services, or recommend changes to treatment and care plans.

7. Acts as a resource person by collegially sharing, demonstrating and providing guidance regarding MHSU services and interventions to other clinicians, students, other members of the multidisciplinary care team, caregivers, and family. Plans, develops, delivers and evaluates clinical education/training programs both for selected internal staff and external individuals/agencies.

8. Participates in program evaluation as required

9. Performs other related duties.

## **QUALIFICATIONS:**

### **Education, Training And Experience**

Master's Degree in a health related discipline from an approved post-secondary institution.

Minimum of two (2) years of recent related experience; recognised post basic education related to mental illness including experience with crisis intervention, urgent response, short-term therapy, and group psychotherapy or an equivalent combination of education training and experience.

Significant understanding of mental health and substance use issues, substance use assessments, the change process, community dynamics and the impacts of the social determinants of health are essential. Knowledge of applicable legislation such as the Mental Health Act and the Adult Guardianship Act is required. Experience working with primary care providers. A valid BC Driver's License is required.

### **Skills And Abilities**

- Ability to work effectively as part of an interdisciplinary team including primary care providers.
- Ability to apply non-crisis intervention techniques.
- Ability to communicate effectively, both verbally and in writing.

- Ability to plan and organize workload and establish priorities.
- Ability to work independently and to show initiative and creativity in clinical practice.
- Ability to show sound judgment, decision making and problem solving.
- Demonstrated organizational, problem solving and teaching skills.
- Demonstrated judgment, good observation and client assessment skills, tact and empathy.
- Knowledge of non-violent crisis intervention.
- Knowledge of and ability to implement problem-solving processes.
- Ability to deal effectively with a wide range of community and facility contacts.
- Ability to provide a client-centered holistic approach to care.
- Proven assessment, care, planning and coordination skills.
- Ability to foster good public relations.
- Ability to operate related equipment including a personal computer with a variety of windows based software.
- Physical ability to perform the duties of the position.