



## UNION JOB DESCRIPTION

**JD4468**

<b>JOB TITLE:</b>	ASTAT Clinician	<b>JOB DESCRIPTION NO.:</b>	4468
<b>CLASSIFICATION:</b>	Disciplines Allied to Social Work P1	<b>GRID/PAY LEVEL:</b>	H-I-P1
<b>COLLECTIVE AGREEMENT:</b>	Health Science Professionals	<b>HSCIS NO.:</b>	50001
<b>UNION:</b>	BCGEU	<b>JOB/CLASS CODE:</b>	50001
<b>PROGRAM/DEPARTMENT:</b>	Mental Health and Substance Use	<b>BENCHMARKS (If Applicable):</b>	
<b>REPORTING TO:</b>	Team Lead		
<b>FACILITY/SITE:</b>	Salt Spring Island Integrated Mental Health & Substance Use Services		

### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority (Island Health) patient and staff safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Reporting to the Team Lead and as part of the therapeutic team under the Coordinator of Access and Crisis Services; Adult Short Term Assessment and Treatment Program (ASTAT) within Island Health and working as part of an interdisciplinary team, the ASTAT Clinician provides urgent individual and group clinical response and psychotherapeutic services to adults with mental health and addiction issues. The ASTAT Clinician participates in planning and assessment of community resources and client needs, liaising with relevant community services, linking the ASTAT program with other service agencies and providing consultation and education on ASTAT & Group Psychotherapy services to other service providers and maintaining clinical records.

### TYPICAL DUTIES AND RESPONSIBILITIES:

1. Provides individual and group clinical therapy/counselling services to adults by performing duties such as conducting mental health and substance use assessments with clients, providing treatment modalities such as short term crisis intervention, suicide prevention and short term psychotherapy services with a variety of evidenced-based treatment modalities such as Cognitive Behaviour Therapy, Motivational Interviewing and Brief Therapy. Services are provided in a culturally sensitive and with a trauma informed approach within a biopsychosocial rehabilitation model.
2. Collaborates in service delivery with other mental health and substance use teams, related community services and physicians.
3. Provides services across all phases of mental health and substance use treatment by developing community support components to service plans that maximize the client's inclusion in the community in collaboration with the client, family and other sources of support for the client.
4. Participates in discharge planning.
5. Delivering services in a variety of sites in the community including private homes as assigned.
6. Documents information including relevant clinical data, assessment information, treatment plans, progress reports, and care plans manually and/ or in a computerized environment. Reviews and maintains up to date clinical records to monitor and evaluate treatment outcomes and maintains required statistical documentation and health information systems in accordance with VIHA processes and standards.
7. Participates in a rotation to provide afterhours coverage.

8. Responding to referrals from a variety of sources, screens referrals through the intake process to ensure that clients meet the service mandate and are triaged according to need.
9. Participates in the short and long-term planning for Mental Health & Addictions Community Treatment Services as a member of the interdisciplinary team through methods such as evaluating the effectiveness of treatment within the service, identifying opportunities for change and formulating recommendations to ensure optimal outcomes are met.
10. Provides information and education on ASTAT and Group Psychotherapy services through methods such as assessing education needs of various segments of the community and providing in-services on interventions.
11. Contributes to the practicum experience of students by performing duties such as providing supervision, clinical education and guidance to students and providing feedback on performance.
12. Maintains and updates knowledge in mental health and addictions through methods such as reviewing literature, communication with other professionals and attendance at relevant education programs as requested and approved in order to contribute to the continuing improvement of care.
13. Participates in continuous quality improvement/quality assurance activities through methods such as evaluation and measurement of outcomes of programs/care, follow-up of unusual occurrences, identification and participation in research studies and contribution to the identification of new policies and best practices for the profession and the organization.
14. Performs other related duties as assigned.

## **QUALIFICATIONS:**

### **Education, Training And Experience**

Master's Degree in a health related discipline from an approved post-secondary institution.

Minimum of two (2) years of recent related experience working with adult acute clientele in a mental health and addictions facility or related field or an equivalent combination of education, training and experience. Experience with crisis intervention, urgent response, short-term therapy and group psychotherapy work. Significant understanding of substance use issues, substance use assessments, the change process and community dynamics are essential.

Knowledge of psychiatric disorders and applicable legislation such as the Mental Health Act and the Adult Guardianship Act is required. An equivalent combination of education, training and experience may be considered. A valid BC Driver's License is required.

### **Skills And Abilities**

- Demonstrated advanced competence in the treatment of addiction and mental illness congruent with the organization's framework and standards within a rehabilitation/recovery, harm-reduction focused model.
- Communicate effectively, both verbally and in writing.
- Ability to plan and organize workload and establish priorities.
- Ability to work independently and to show initiative and creativity in clinical practice.
- Ability to show sound judgment, decision making and problem solving.
- Demonstrated organizational, problem solving and teaching skills.
- Demonstrated judgment, good observation and client assessment skills, tact and empathy.
- Ability to work effectively as part of an interdisciplinary team.
- Ability to carry out the duties of the position.
- Knowledge of non-violent crisis intervention.
- Knowledge of and ability to implement problem-solving processes.
- Ability to deal effectively with a wide range of community and facility contacts.

- Ability to provide a client-centered holistic approach to care.
- Proven assessment, care, planning and coordination skills.
- Ability to respect client's rights, values and preferences including multi-cultural issues.
- Operate a personal computer with a variety of Windows based software.
- Foster good public relations.
- Operate related equipment.