

# UNION JOB DESCRIPTION

## JD1004

| JOB TITLE:            | Registered Nurse or Registered<br>Psychiatric Nurse   | JOB DESCRIPTION NO.:           | 80108/N.VI.21001.005  |
|-----------------------|---|--------------------------------|-----------------------|
| CLASSIFICATION:       | Direct Patient Care - Profile Classification<br>- Level 3   | GRID/PAY LEVEL:                | NL3                   |
| COLLECTIVE AGREEMENT: | Nurses Bargaining Association   | HSCIS NO.:                     | 21001                 |
| UNION:                | BCNU; HSA   | JOB/CLASS CODE:                | SI: 80108 CINI: 21001 |
| PROGRAM/DEPARTMENT:   | Mental Health & Substance Use/Seniors<br>Mental Health  | BENCHMARKS (If<br>Applicable): |                       |
| REPORTING TO:         | Nurse Manager, Department Head or designate   |                                |                       |
| FACILITY/SITE:        | Royal Jubilee Hospital; Victoria General<br>Hospital; Sannich Peninsula Hospital;<br>Gorge Road Hospital; Cowichan District<br>Hospital; Cowichan Lodge; Nanaimo<br>Regional General Hospital; North Island<br>Hospital (Comox Valley Campus;<br>Campbell River and District) |                                |                       |

#### JOB SUMMARY:

In accordance with the Vision, Purpose, and Values, and strategic direction of the Vancouver Island Health Authority (Island Health), patient and staff safety is a priority and a responsibility shared by everyone; as such, the requirement to continuously improve quality and safety is inherent in all aspects of this position.

Reports to the Nurse Manager, Department Head, or designate. Nurses are expected to assess patients/residents, to plan and carry out nursing care and teach patients and families. They collaborate with other health professionals and communicate with other hospital departments to coordinate the Medical Plan of Care with hospital routines and services, in the best interest of the patient/resident.

### **TYPICAL DUTIES AND RESPONSIBILITIES:**

1. Assesses, records and reports the health status of assigned patients/residents to identify and document patient/resident status by performing duties such as:

- Collecting patient/resident data from patient chart and other related patient records, observing patient condition, and conducting physical and psychosocial assessments;
- Assessing and reporting potential elopement risks, destructive behaviour, sexually aggressive and submissive behaviour;
- Intervening to avoid altercations between individuals and protect patients/residents from self-abuse;
- Assisting individuals in the management of behaviour which evokes negative responses in others;
- Collaborating with other members of the nursing team, multi-disciplinary team, community care partners, patient/resident and family;
- Documenting health care status;
- Reporting current status or changes in status to appropriate personnel as required.

2. Collaborates with the nursing team, multi-disciplinary team members, community care partners, and the patient/resident and family to develop and modify a patient/resident care plan, including the flow of care, to address the assessed needs of the individual by:

- Establishing short and long-term health status goals;
- Assessing and describing patient's/resident's tolerance for participation in various levels of psychotherapy and readiness to be involved in aspects of the treatment program;
- Identifying and prioritizing appropriate nursing actions such as preventative, therapeutic and rehabilitative aspects of care;
- Assessing family resources, involving family and others in formulating the plan of care;
- Initiating the discharge planning process.
- 3. Provides nursing care by performing nursing functions such as:
  - Direct nursing care to patients/residents;
  - Assuming responsibility for the management of drugs as assigned, and administering oral, intramuscular and subcutaneous medication used to treat psychiatric and stabilized medical disorders;
  - Following the direction of psychiatrists to implement new psychiatric treatment concepts;
  - Explaining care plan to patient/resident and family;
  - Conducting planned nursing interventions, providing guidance and direction to other unit staff as required;
  - Initiating measures to relieve crisis or emergent situations;
  - Teaching self/home care skills to patient/resident and/or family members.

4. Evaluates patient/resident response to the care by assessing the effect of the nursing interventions as identified in the care plan and modifying interventions as appropriate. Initiates the multidisciplinary team evaluation of patient/resident care, including readiness for discharge.

5. Contributes to the ongoing development of the nursing department and/or the nursing unit by:

- Providing input into the development and/or revision of policies and procedures;
- Providing input into the development and/or modification of unit-based, departmental and/or community-based programs;
- Providing input to and participating in quality improvement plans/activities.
- 6. Performs other related duties as assigned.

### QUALIFICATIONS:

### Education, Training And Experience

Registration with BC College of Nurses and Midwives as a practicing RN registrant or a practicing RPN registrant. Up to two years' recent related experience.

### **Skills And Abilities**

- Ability to communicate effectively both verbally and in writing.
- Demonstrated ability to organize assigned workload and set priorities.
- Demonstrated ability to deal effectively with a variety of internal and external contacts, including co-workers, physicians, community agency representatives, patients, residents and families.
- Physical ability to perform the duties of the position.